

COURSE DESCRIPTOR

№	Topic	Total, hours	Lectures, hours	Workshops (seminars) , hours	Labs, hours	Self-study of the material, hours	Individual tasks, hours
full-time course form of study							
Module 1. Sports Medicine							
1	Sports medicine, purpose and objectives. The concept of medical control.	16	0	4	0	12	0
2	Research and evaluation of physical development, basic functional systems of the body and physical performance.	22	0	10	0	12	0
Module 2. Physical Rehabilitation							
1	Theoretical foundations of physical rehabilitation	26	0	6	0	20	0
2	Physical rehabilitation for diseases of the cardiovascular and respiratory systems.	14	0	4	0	10	0
3	Physical rehabilitation in orthopedics and traumatology.	34	0	4	0	30	0
4	Physical rehabilitation of patients with neurological diseases.	38	0	8	0	30	0
<i>Total (full-time course form of study)</i>		<i>150</i>	<i>0</i>	<i>36</i>	<i>0</i>	<i>114</i>	<i>0</i>